



with



GLUTEN FREE* MENU

STARTERS

Cullen Skink £4.50
with GF bread

Bay spiced crispy squid & prawns (GF flour) £6.95
with wasabi mayo

Cauliflower 'buffalo wings' (VG) (GF flour) £5.95
with Bloody Mary sauce & vegan mayo

Crispy duck & watermelon salad £5.95
with bok choy, black radish, hoisin sauce, cashew nuts & toasted sesame seeds

MAINS

24hr slow cooked chipotle beef & chickpea curry £13.95
with garlic bread & basmati rice

Vesta 7oz burger £11.95
with GF bread, chorizo jam, Isle of Mull cheddar & chips

Butternut squash & chickpeas £12.95
with 'mozzarella' & pomegranate coconut harissa yogurt

Chargrilled steak
8oz rib-eye £24.95
8oz flat iron £17.50
with watercress, chips and either pepper or béarnaise sauce

Superfood salad (VG) £10.95
baby spinach, butternut squash, tofu, pomegranate, chickpeas & omega seeds in a
Bloody Mary & basil dressing

Tempura fish & chips £12.95
with mushy peas & tartare sauce

SIDES

Chips (VG) £3.25
New potatoes with parsley butter £3.50
Rocket & parmesan salad (VG) £3.00
Peas & snaps (VG) £3.75
Broccoli & almonds (V) (N) £4.00

* **Please note:** due to the nature of our production area and the possibility of cross contamination, we cannot guarantee that these dishes will not contain trace amounts of gluten