



with



GLUTEN FREE* MENU

STARTERS

Cullen Skink £4.50
with GF bread

Bay spiced crispy squid & prawns (GF flour) £6.95
with wasabi mayo

Cauliflower 'buffalo wings' (VG) (GF flour) £5.95
with Bloody Mary sauce & sour cream

Crispy duck & watermelon salad £5.95
with bok choy, black radish, hoisin sauce, cashew nuts & toasted sesame seeds

MAINS

Massaman grilled chicken curry £13.95
with spiced red onions, GF garlic bread, black rice & sweet mango chutney

Vesta 7oz burger £11.95
with GF bread, chorizo jam, Isle of Mull cheddar & chips

Confit duck leg £14.95
with cauliflower dauphinoise, buttered
greens & tamarind jus

Chargrilled steak
8oz rib-eye £25.95
8oz flat iron £16.95
with watercress, chips and either pepper or béarnaise sauce

Superfood salad (VG) £9.95
baby spinach, butternut squash, tofu, pomegranate, chickpeas & omega seeds in a Bloody
Mary & basil dressing

Teriyaki glazed cod £15.75
with broad beans, torched cherry
tomatoes & herb mayo

Grilled sea bass £14.95
with diced aubergine & sauce vierge

SIDES

Chips (VG) £3.25
Parsley mash £3.50
House salad (VG) £3.00
Bang bang bok choy (VG) £4.00

* **Please note:** due to the nature of our production area and the possibility of cross contamination, we cannot guarantee that these dishes will not contain trace amounts of gluten